

BrahmaKamal

Saussurea obvallata

flower, herb, EO

Extreme High Vibration

Open Path to Completeness

Optimize BodyMindSpirit Integrity



by Prashanti de Jager ©2013

for more insights into BrahmaKamal read

[Aushadhi: Guide to High Himalayan Herbs](#)

In many ways there is no herb nor flower that surpasses BrahmaKamal, the Lotus of Brahma, thriving on top of the world at 17,000 feet high in the Himalayas. Filling the valleys with visual and aromatic beauty, the unique hermaphrodite flowerheads, which unify the masculine and feminine, are whitish-purple and protected in orb-like layers of greenish-yellow, papery bracts that are redolent of a timeless temple. Offered to Vishnu at Badrinath and to Nanda Devi, this revered being is used in Ayurveda and Tibetan medicine to optimize and enliven subtle neuro-endocrine-nadi circuits within.

Names & Etymology & Symbolism

BrahmaKamal: Lotus of the Divine

Brahma: the Cosmic Creativity within us

Kamala: aligned with the deeply Divine

Obvallata: fortified

Saussurea: Saussure, Swiss alpinist

Dosha & Energetics

Rasa (taste): bitter, pungent, sweet

Virya (strength): cooling

Vipaka (metabolites): pungent

Dosha (constitutions): V= P= K=

Prabhava (Power) Spirit Nervine

PhytoChemistry

BrahmaKamal Oil, Sesquiterpenoids, Saussureic chemistry

Actions

Nervine Tonic, Medhya, Bitter Tonic, Antiseptic, Anti-inflammatory, Vulnerary, Styptic, Hepatoprotective, Digestive, Stem Cell Activator, Detox, 'Saussureic' Actions

Indications

Bhuta-Talisman, Nervous Disorders, Epilepsy, Cognitive Function, Cerebral Ischemia, Paralysis, Bone Disease, Rheumatism, Digestion, Liver, Kidney, Uro-Genital

Which BrahmaKamal is Superior?

Because this magically spiritual plant being is going extinct in the wild, please only use organic responsibly cultivated flowers and roots. As cultivation is extremely difficult, it may be best to not use BrahmaKamal until mastery of its cultivation is attained.