

# Thuner

***Taxus baccata***

bark, aril

Herb of Immortality

Toxic Poisonous Deadly

Stunts Cancer Growth



by Prashanti de Jager ©2013

for many more insights into Thuner read

[Aushadhi: Guide to High Himalayan Herbs](#)

Thuner is a Himalayan Yew, a small coniferous tree, the one with the little red 'aril' that looks like a berry. As this tree can grow to be over 2000 years old, the reddish brown wood and bark has long been associated with Immortality, and by extension, death. A very sacred tree, around the world over the last 15,000 years, from Native Americans to Scythians, it is the wood most favored for making bows. Except for those bright red arils, including the seed within the aril, the entire tree is very poisonous, all parts filled with the deadly alkaloid taxine, the source of taxol, a potent anti breast cancer drug.

## Names & Etymology

Thuner: quiver (yew as bow?)

Yew: reddish, (possibly from jiva)

Taxus: poison (toxic), bow (toxon)

Baccata: small red berries

Postil: Gujjar's name for Thuner

## Dosha & Energetics

Rasa (taste): bitter

Virya (strength): warming

Vipaka (metabolites): pungent

Dosha (constitutions): V+ P+ K-

Prabhava (Power) Anti-Cancer Toxin

## PhytoChemistry

The extremely poisonous alkaloid taxine

## Actions

Whole plant: Poisonous, Anti-Cancer, Anti-mitosis, Analgesic

(Arils may be diuretic, laxative, stomachic, carminative, expectorant)

## Indications

Breast Cancer, Lung Cancer, Cancer, Pain

### Which Yew is Superior?

Of course, rampant harvesting by BigPharm is causing the Yew to be endangered, and so the best is cultivated, and the best of the cultivated may be High Himalayan Yew, Thuner. Indigenous Himalayan Yew is *Taxus wallichiana*.